
Nathan
Bende
1
2
3
4
Start
Finish
Not to scale. 1-Mile is one loop. 5K is three loops (turn 1 & 2 buoys will be adjusted).
Enter/Exit
Tower
Registration
Swimming Parking
Rowing Parking
Enter
Nathan Benderson Park
Lakefront venue for rowing competitions
Exit
U.S. MASTERS SWIMMING
2025 OPEN WATER NATIONAL CHAMPIONSHIPS